



2. Getting the whole picture

The next tent pole was that of developing a picture of what was going on. The children and young people will have good as well as bad things going on in their own personal lives, in their families, and in their communities. These are the factors which will interact to either bring about improved outcomes or escalate the current concerns. Building on strengths is as important as reducing pressures.

The My World Triangle is an assessment tool to prompt a discussion around strengths and pressures.

To access an interactive tool designed by the children and young people with relevant experience click here: www.myworldtriangle.co.uk

to help
children
with these
Drobs

ask their
teacher
how well
they are →

to talk
to the
children
very good

Children and young people involved in the consultation process described through story telling how experience of gender based violence might contribute to the strengths and pressures in life.

The table below is a summary of their comments.

	Strength	Pressures
Personal growth and development	Own abilities - sport/ music Self-help Doing your best Staying out of trouble	Feeling sad Struggles with personal life affect school etc Difficulties with anger Worried, stressed, nervous, lonely
People who look after me	Positive relationships Siblings Extended family Being together - playing, dinner, day out Reassure, protect, help	Difficulty finding space or peace Not enough choice Lack of contact with some family members Fighting Shouting Hurtful words Alcohol Lack of money
My wider world	Friends- close by Women's aid Activity clubs Good neighbours Nice house Close school	Falling out with friends Difficulty making friends Noisy neighbours Not good housing

2. Getting the whole picture



What could their feelings be...

happiness
nervous
excited
nausea
worried
scared

Sadness
hungry
concerned
confused

What could Jenny & Isabel talk about in their conversation.

School
clubs
feelings
homework
friends
what on at home

Case study: For one child the untidiness of her home was a key concern to her. She needed to have a feeling of order there. A solution focussed meeting to tackle this issue was held, led by her support worker from Women's Aid and involving all of the family. It had been successful in moving things forward.

These are the pressures Ellie finds in her world

- House is messy
- bullying in the school
- fighting in the house
- no food in the house
- She had bad work at school
- Having to move house
- She wants to live with her mum

