

Getting it right for you:

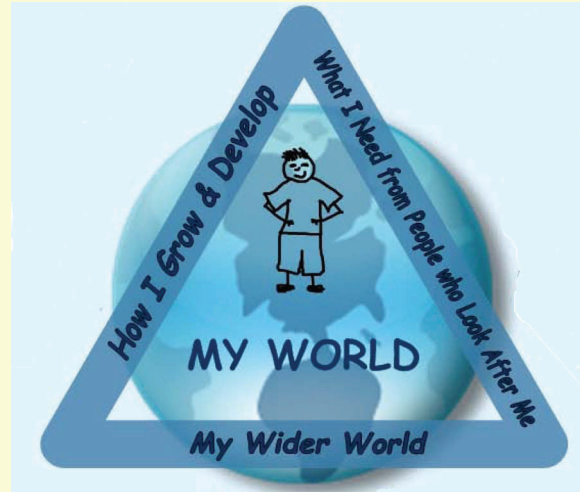
Scotland wants children to be successful and confident. To reach this there are 7 things every child needs, shown around the child below.



Sometimes not all your needs will be met. To help you get the right help at the right time, it is important to know which needs are not being met for you just now. You should be asked to help work out where your needs are.

'My World Triangle'

There are lots of things going on in your world; some will help you and some things may make life harder for you.



Your world is looked at around a triangle. You are in the middle. On one side is your growth and development (what you are like, what you are good at, your health). On the second side is your family and people who care for you. On the third side is the community you live in, (school, parks and other places). You will be asked about each side of the triangle, looking for things that help you (strengths) and things that make life harder for you (pressures).

A plan to make it better

A **plan** says what should happen to make things better.



A **plan** is a bit like crossing a river on stepping stones. "I am here, I want to be there, I need to take this step, then that step to get there."

You might have lots or only a few steps in your **plan**. Other people will help you take those steps. You can help to make a plan which will say what actions need to be taken, who will take each action, and who will check that you are moving across the steps and things are getting better.

Every child will have a **Named Person**, someone whose job it is to make sure you get the right help when you need it.

Everyone who works with or cares for you should be helping to 'get it right' for you. You should be able to speak to an adult you trust about anything worrying you and that person should help you and may speak to your **Named Person**.

To get you the right help it may be important to share some information about you with other people who can help you. In most cases you will be told what is to be shared and why and asked if this is OK with you.

If you need any extra help adults should listen to you when thinking about what help is needed.

You may have a **plan** to help things get better. It will be one person's job (the **Named Person** or someone called the '**Lead Professional**') to make sure the plan happens and things get better.

Your **Named Person** is:

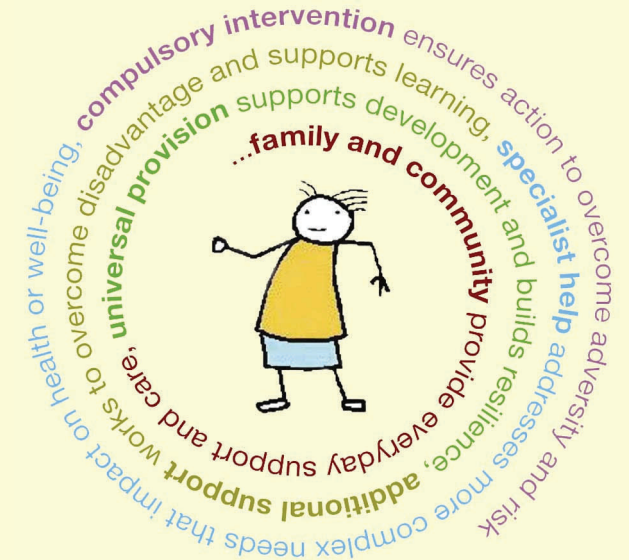
The Children's Charter

What children say they want:

- get to know us, speak with us and listen to us
- take us seriously and involve us
- respect our privacy
- be responsible to us
- think about our lives as a whole
- think carefully about how you use information about us
- put us in touch with the right people
- use your power to help
- make things happen when they should
- help us to be safe

getting
it right
for every child

Working together



Getting it right for you
A leaflet for children
and young people