

“Someone is bullying me”



“Relationships, you learn them as you go.”

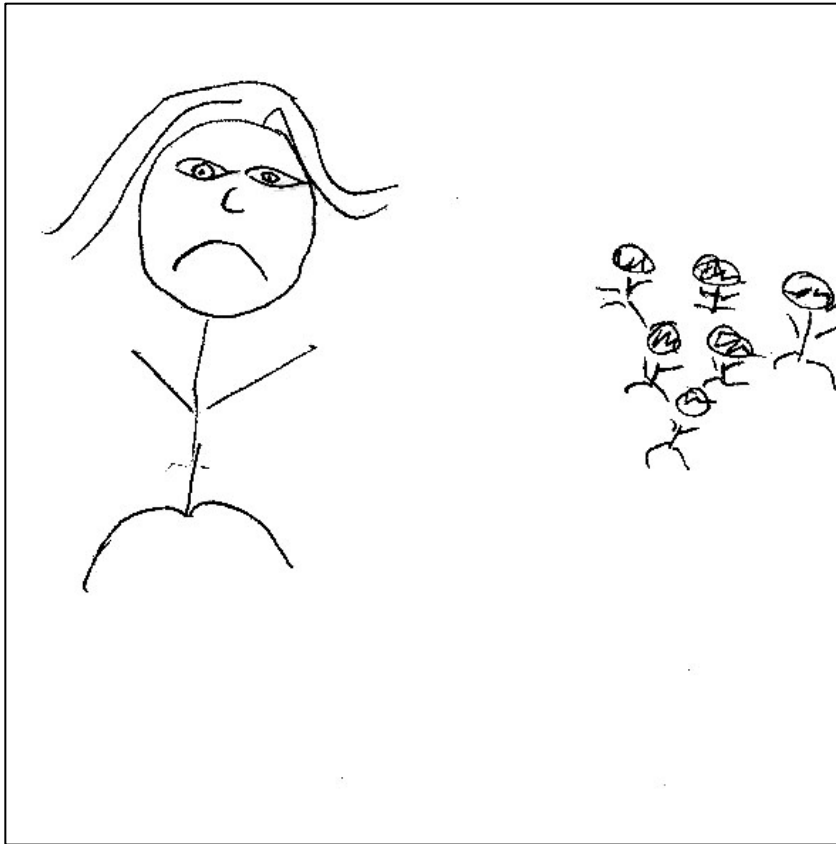
“Its just something you’ve got to go through.”

“Its just, your going to make up anyway you won’t stay enemies for the rest of you life.”

"People calling me small a lot and I feel like hitting them."

Nacho aged 11 years



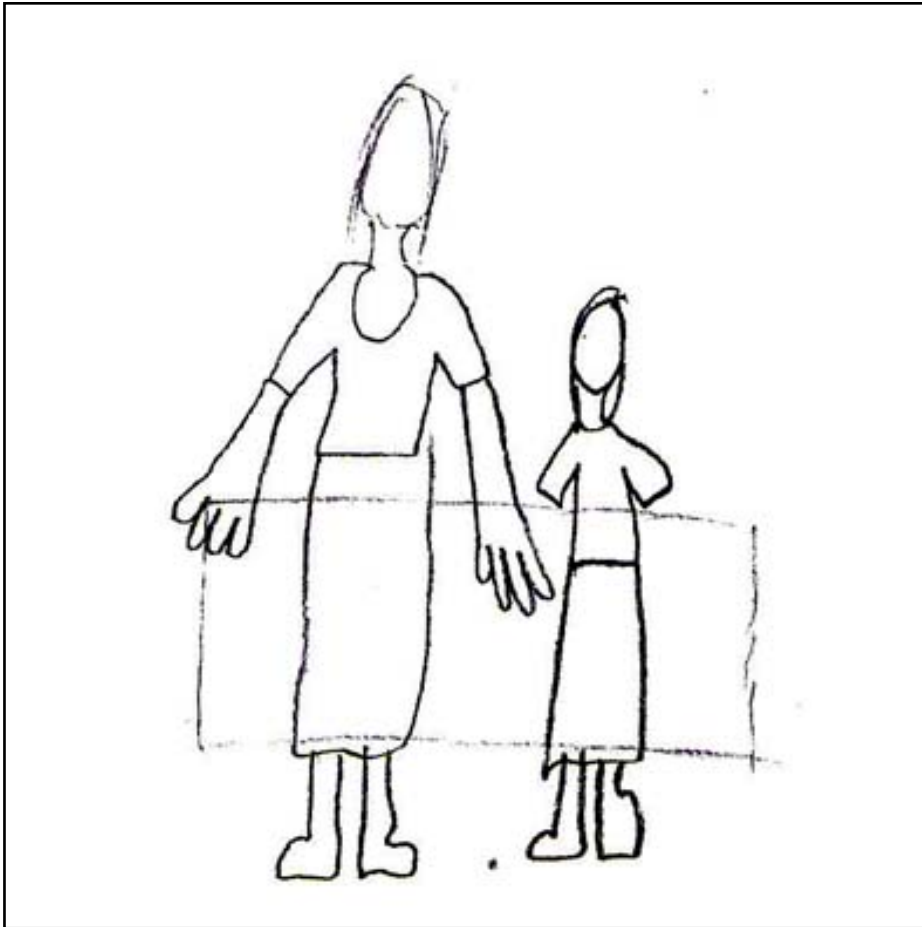


“People teasing me at school for not wearing the right clothes.”

Sady, age 11

“Circle times help you get to share stuff. We have a rule that anything we say keeps in the circle time, that helps”

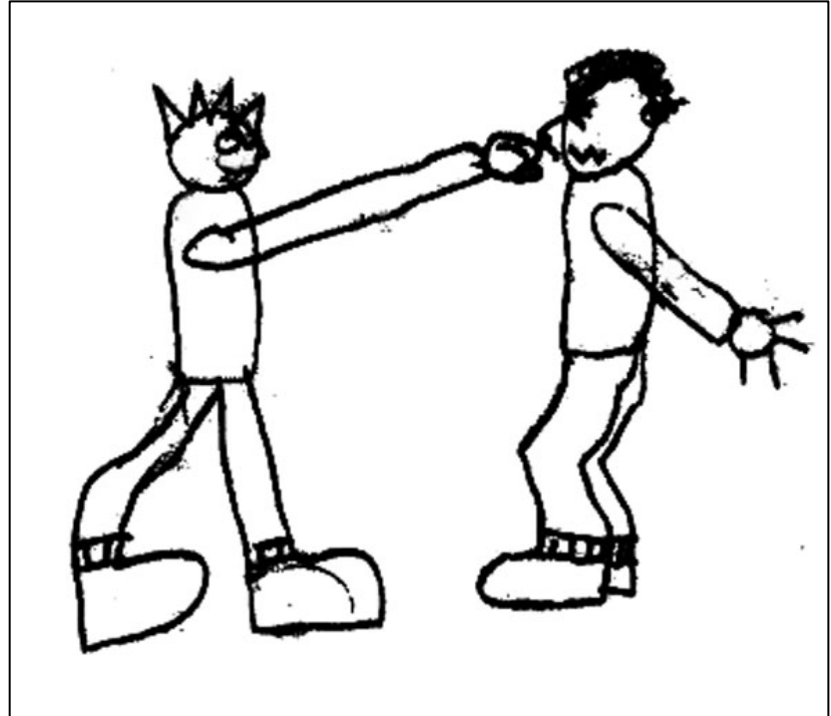
“We used to have an extra kind of teacher but she never did art with us she talked to us about confusing things.”



"Sort out the problem in another room ..the teacher shouldn't tell the bully who told."

Alexa aged 11

"Someone was bullying me and discouraging me. I feel really sad and afraid he might do it again."
Mick, age 10



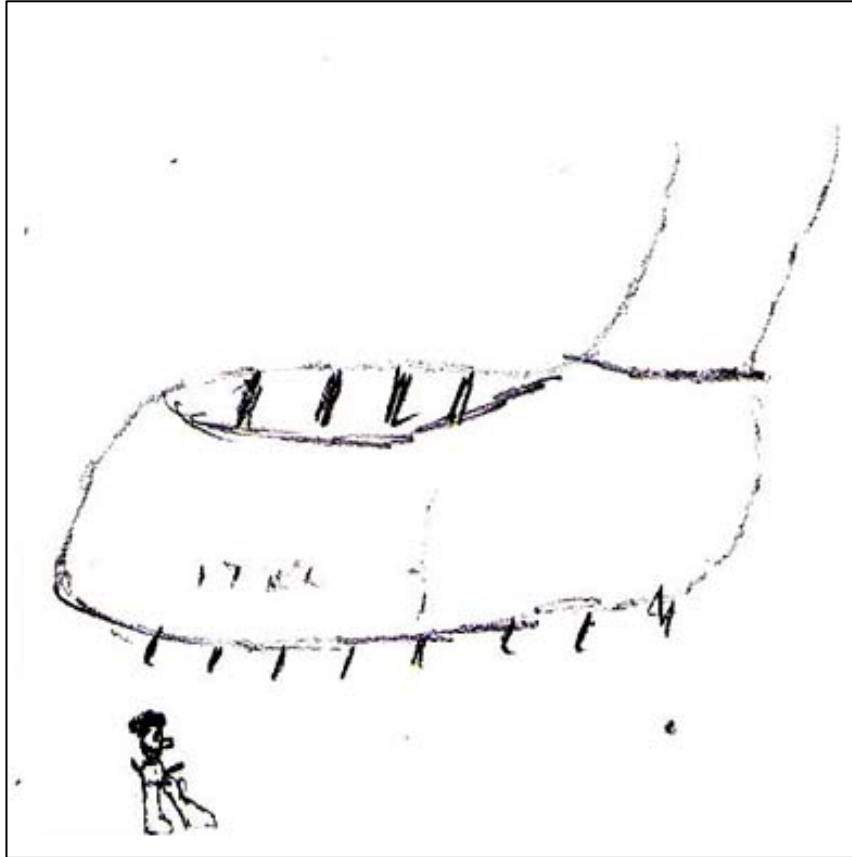
“They know not to do it here the teacher is always talking to us about it. All teachers should talk about it all the time.”

“You can tell your guidance teacher, the school takes it seriously and deals with it.”



People missing you out

"I feel invisible"



"People are bullying me and I can't stand up for myself. It makes me feel small."

Dado aged 11

“In secondary school we had to fill in leaflets about stress. I said I was being bullied. I got called in to the school nurse and was totally worried but she was so helpful and didn’t tell anyone without my permission”



"Because I was getting bullied. I could not do my work because I was worrying too much."

“Bullying, they can’t do anything, [it] has to be your self.”

“In our school we have ICPS things that we learn how to solve problems (ICPS=I can problem solve)”

“If you have a problem you can tell a peer mediator, it is private and confidential, [they] listen to both sides of the story [and] try to sort it out. Mediators got 2 days of training to know how to do it.”



"Calling me names even though I did not do anything."

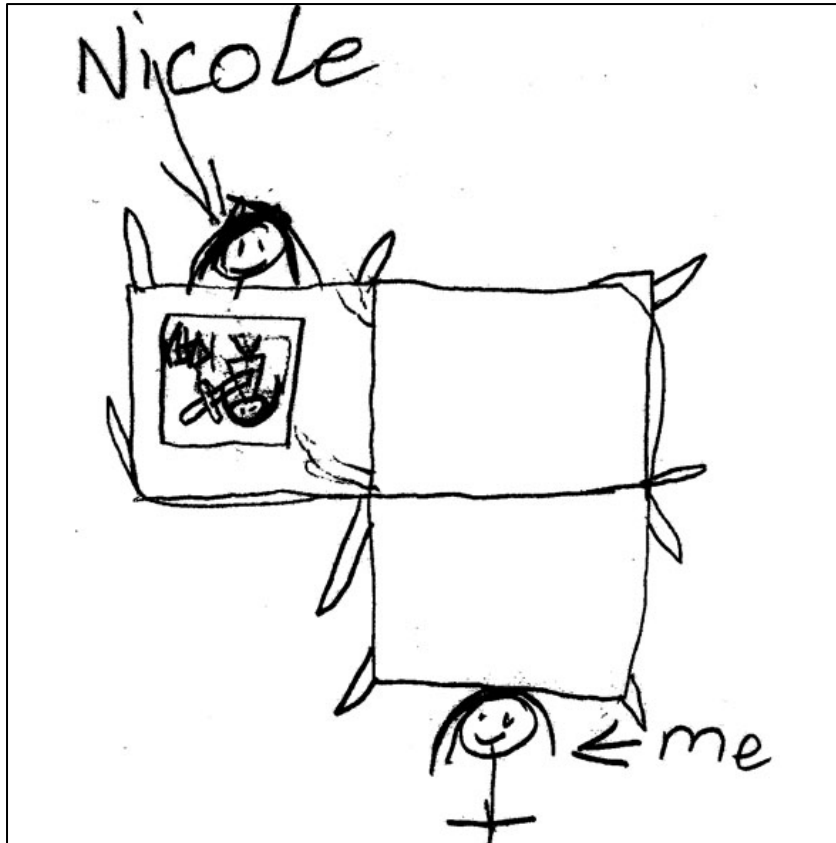
Arthur

"Mrs C takes
me out of
class when I'm
being bullied.
I feel
welcome in
the base."

Tatty aged 15



**“We have a drop in clinic on Tuesday
lunchtime in the medical room you can
go in just one person [at a time] they
are not allowed to talk to anyone else
unless they think that you might be
hurt [only] then they will tell”**



Feeling not so good about
being safe

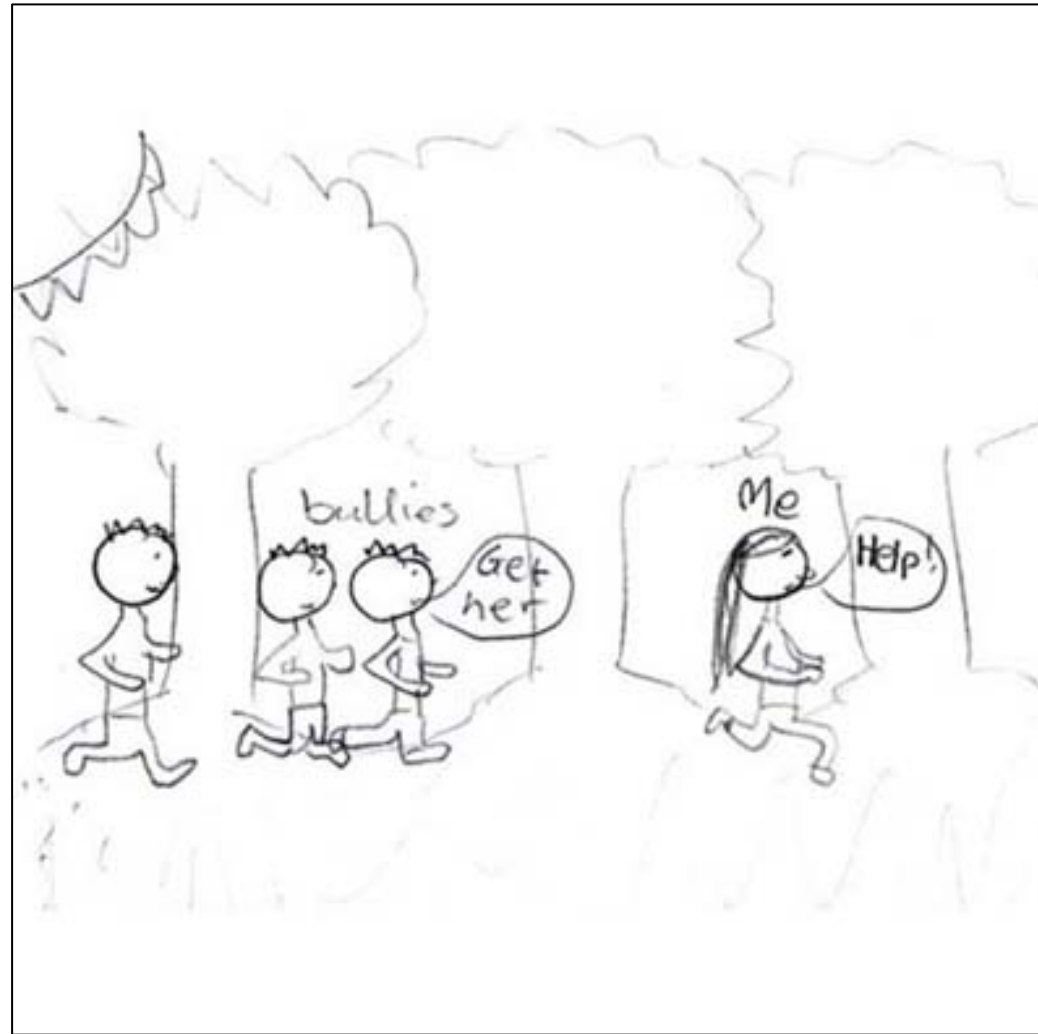
“When Nicole drew a picture
of me with a knife through
my heart.”

“Make it known what your choices are if you are being bullied [you’re] only told to tell someone or ignore it. In our school there are other options you can go to school nurses [who] don’t make judgements.”

“When there is someone new coming in to school you get a leaflet about what you do if you get bullied at school”

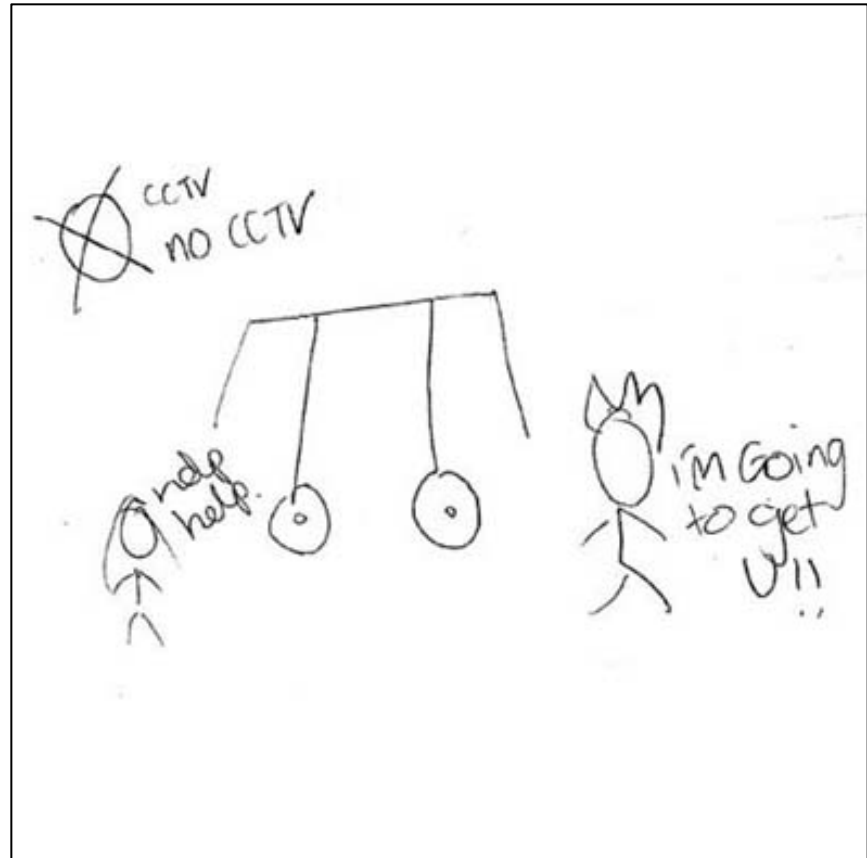
“People said
walk away
and tell
someone but
no one was
there and
they ran
after me
when I
walked away.”

Jane aged 10



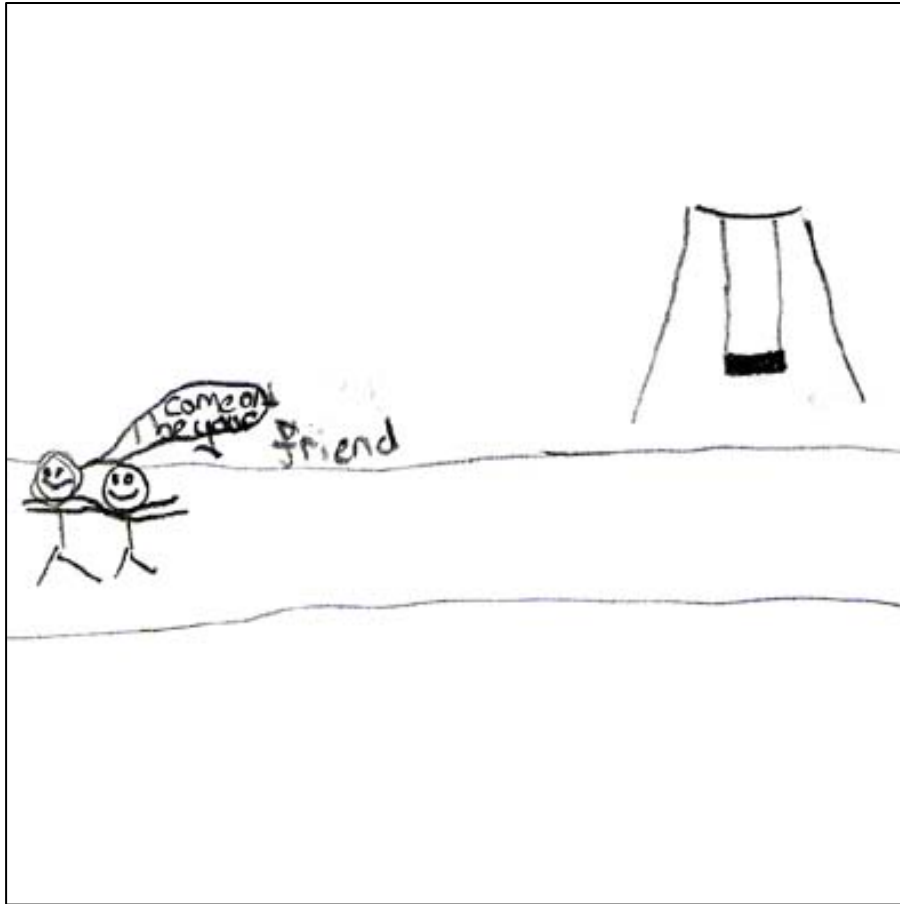
"There is no one to help you in a situation like this."

Chelsea aged 11 years



“Children like us [could] go to different schools and to go and see what is happening at different schools and how other schools do it and then you could sort it.”

“In our school if people are arguing can get a sixth year [and] can talk but I don’t like it because sixth year might know other people [it would be] better if it was a sixth year from another school.”



What helps:

"You've got a friend in me."

How teachers might notice if things not good:

“Might bite their nails [that] might show having trouble.”

“Look out for attitude a change maybe or challenge”

“Your work, [you] might do less well at work.”