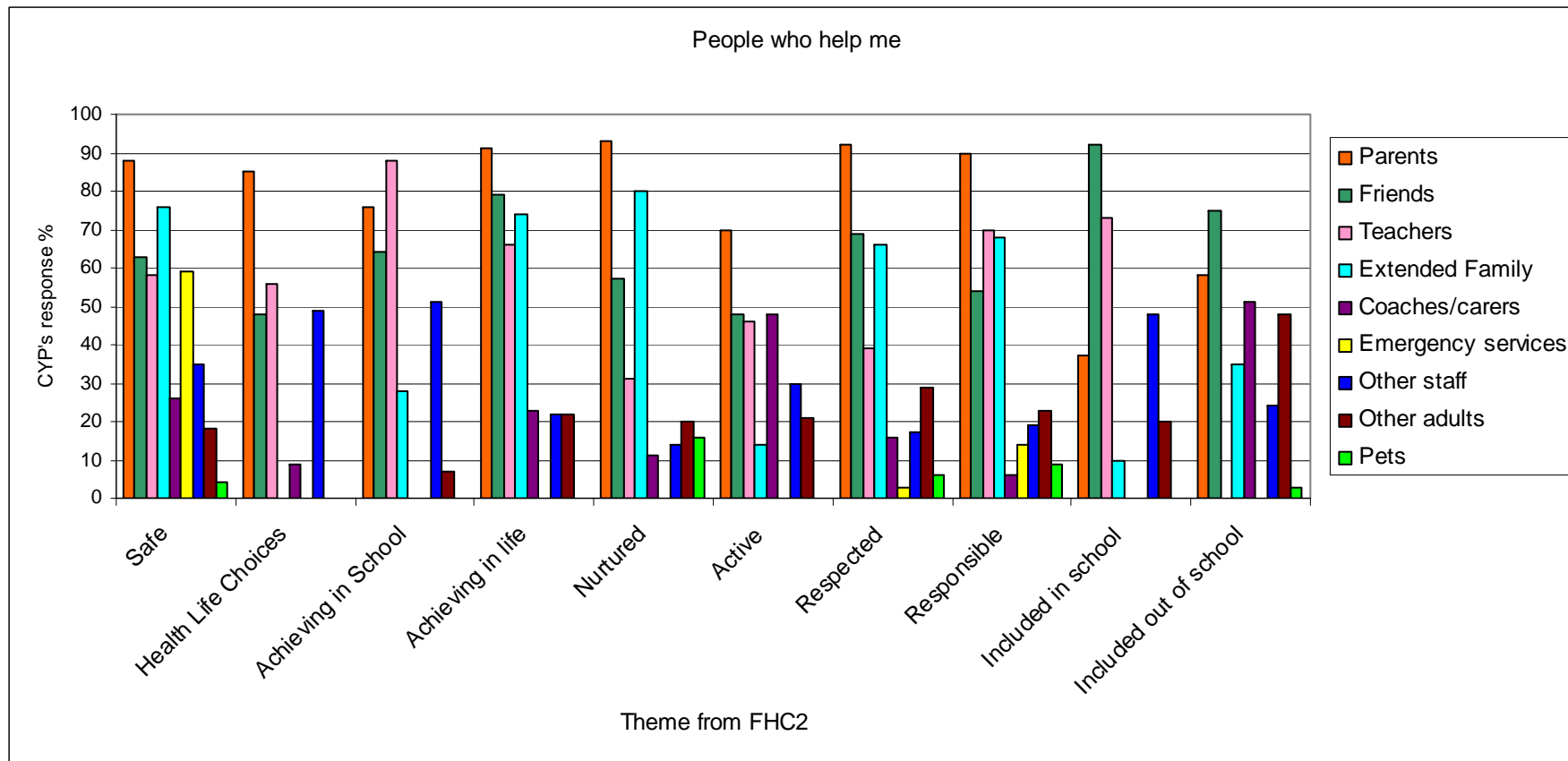


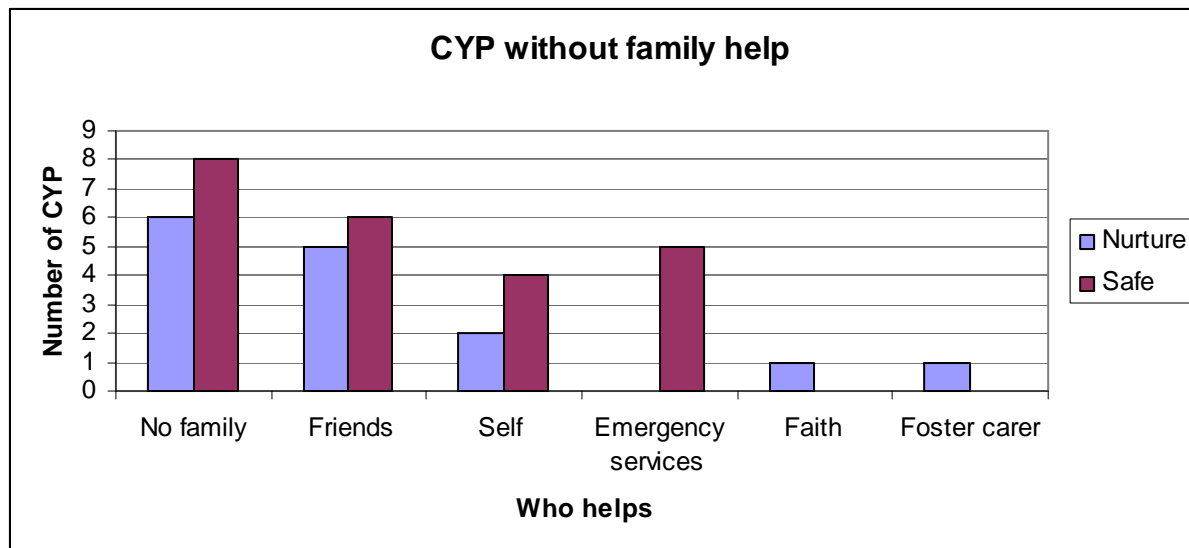
People who help

For each question, children and young people were asked to list the people who helped them within that theme. The graph below shows who helps across the themes.



It is perhaps not surprising that parents are mentioned by most children and young people in all themes except doing their best at school or being included in school or out of school. Teachers are significant helpers across all themes except inclusion out of school. Friends are obviously most important in helping children and young people feel included, but score highly in all themes except for helping children and young people be responsible. This perhaps reflects the comments made in various discussions about peer pressure which sometimes makes it hard to be responsible.

For a few vulnerable children or young people, where no family member is listed as helping them feel safe or nurtured, these children do not seem to have many other adults who help them either, as shown in the table below. The child who listed the foster carer as helping them feel nurtured did not list any other person. These children have not listed teachers or neighbours or other adults as people who help them. This is an extremely vulnerable group of children who are dependent on their friends and themselves for support. It may be that there is a task to be done in helping these most vulnerable children identify people in school and in the community they can go to for help. A scheme [in Derbyshire](#) has been set up where there are identified safe houses in the community for children to go to when they need to escape something at home.



About domestic abuse: *"You might need a place to go and get away. They could do more talks about it to help. You might not know who to tell."*

"We have a drop in clinic on Tuesday lunchtime in the medical room. You can go in just one person. They are not allowed to talk to anyone unless they think that you might be hurt."