



What a great report with wonderful illustrations! I felt I could hear the young people's voices as I read it.

The opening graphs to each section set the scene as to where the information has been collected from and the feel good factors. It so important to point out where we are not quite getting it right but more importantly how we can improve things for young people.

None of us experience health services now as a young person so how can we say how it should be improved?

Some of the suggestions we might have guessed at but if a "nicer waiting room" is needed what does that mean for a young person? I hope we will be able to explore these suggestions further but more importantly encourage those painting and decorating waiting rooms in GP practices or Hospitals to talk to their young people and collect their views first.

It is so good to see the healthy eating and health choices discussed so positively but we still have to go some way to make sure all these choices are available to all young people across Highland.

I was pleased to see positive comments about our dentists, our work to prevent teenage pregnancies and the health promotion messages but there is still a lot of concern about substance misuse and self-harm. We will continue to work with you to tackle these issues better.

Thank you so much for your valuable input to this report. I hope you will continue to give us your sound advice and suggestions.

Jan Baird  
Director of Community Care